



Alhambra High School

Cross ➤ €€ ➤ Country

Record Book

2019



ORDER OF CONTENTS

Introduction

Coaches

Ed Sias & Hidden Valley (HVP, Martinez)

Farmer Invitational (Hayward HS)

Hayward 3 Mile All Time List

Ram Invitational (Westmoor HS)

Artichoke Invitational (Half Moon Bay HS)

Castro Valley Invitational (Canyon MS)

Mt. San Antonio College (Mt. SAC) Invitational

North Coast Section Championships (Hayward HS)

CIF State Meet (Woodward Park)

Stanford/Viking/Newhall Park/Shadow Cliffs

Varsity Team Overall History

INTRODUCTION

Welcome to the 2019 version of the Alhambra High School Cross —CC-> Country Record Book. This is a compendium of the top times and places of Alhambra cross country runners on most of the courses that the team has competed on historically.

Work In Progress

This is still an ongoing project as the historical record is not always complete. The internet is remarkable, but not all data is stored there, and in any case, the trail gets cold for information before 2000. Much of the older information has been gleaned from sorting through old boxes and file folders, and these have often been jumbled and incomplete. There are still sources to be sorted out, and more details to be found, but for the most part, this represents a strong beginning of keeping an archival record of the long-standing and excellent tradition of Bulldog running that stretches back many decades.

If you have any copies of results from Cross Country (or Track, too) from any year, please let Coach Brewer know so he can make copies and add them to the archives and possibly fill in empty spots in this book. If you know former runners from seasons gone by, their memories are gold mines of information as well.

Many Hands Make Light the Load

This is only a continuation of some excellent work already done to preserve Alhambra running knowledge. Joel Timbrell (class of '13) is our webmaster and has assembled and sorted and ranked the North Coast Section (Hayward High School) times, as well as posting everything on the website. He has also made a significant number of additions and corrections since the first edition came out. Aaron Ford (class of '08) is our timing guru, and has unearthed hidden web site sources for older race information. Coach Angela Paradise kept intact the 20 years of boxes that previous Coach Tim Bruder had accumulated. This was a rich source of information from which to begin this project.

Thanks also have to go to other data hoarders on the internet. Hank Lawson, of Lynbrook High, has gathered an impressive array of high school running that goes way back, and I mined his website for all of our Artichoke Invitational, Ram Invitational, and Mt. SAC Invitational records. The NCS website has kept a strong record of the NCS championship races results. Also, the high school information site athletic.net (which we now use to archive our current and more recent results) has an intact record of all the State Meet information. Campolindo High coach Chuck Woolridge has archived most of the Ed Sias Invitational results. Retired College Park Coach Steve Neisham, who founded the Ed Sias Invitational, has been generous in e-mailing copies of the early years of the meet.

More To Do

The job is not yet finished. Still to be done is to finish backtracking all the league finishes, NCS finishes, and State Meet appearances. Also, many of the runners of the past ran on courses that no longer exist, or in invitationals that no longer are held, and we need to find a way to accurately fold them into the records for acknowledgement.

Inevitable Errata

Of course there will be mistakes in this first-year attempt at a comprehensive record book. Names will be misspelled, times and places will be out of order, grade levels will be wrong, et cetera. Please let Coach Brewer know when you find these errors so they can be corrected for the next edition. Any other suggestions to make this a more complete and accurate record are also welcome.

Enjoy the read.

Coach Brewer

ALHAMBRA HIGH SCHOOL CROSS —CC—> COUNTRY 2019 COACHING STAFF



Angela Paradise - Head Coach

Coach Paradise has been in charge of the Alhambra cross country program for 11 seasons now, after serving as an assistant with previous coach Tim Bruder.



Peter Brewer - Assistant Coach

Coach Brewer is returning for his second year at Alhambra after previous coaching stints at Northgate HS and Castro Valley HS.

Ed Sias Invitational Team Results

Year	B Frosh	BFS	BJV	BV	GFS	GJV	GV
1985	no record	no record	no team	10/15	3/5	no team	no record
1986	no record	no record	no record	no record	incomplete	no record	incomplete
1987	no records						
1988	no records						
1989	no team	no team	incomplete	incomplete	no race	incomplete	incomplete
1990	incomplete	no team	incomplete	no team	no race	incomplete	incomplete
1991	no team	10/12	incomplete	no team	no team	incomplete	no team
1992	no team	no team	incomplete	9th of 17	no race	incomplete	11th of 25
1993	no team	no team	5th of 5	3rd of 12	no race	incomplete	incomplete
1994	no team	incomplete	no team	4th of 14	no race	9th of 11	incomplete
1995	incomplete	incomplete	no team	8th of 18	no race	no race	incomplete
1996	no team	incomplete	13th of 13	16th of 18	10th of 10	incomplete	12th of 14
1997	no records						
1998	no records						
1999	no records						
2000	no records						
2001	no team	incomplete	incomplete	11th of 23	incomplete	10th of 11	7th of 21
2002	incomplete	no team	incomplete	31st of 40	incomplete	no team	19th of 28
2003	incomplete	incomplete	no team	24th of 32	19th of 23	incomplete	13th of 25
2004	incomplete	4th of 26	no team	12th of 15	11th of 19	18th of 18	26th of 31
2005	incomplete	incomplete	17th of 21	7th of 16	incomplete	incomplete	24th of 32
2006	incomplete	incomplete	incomplete	incomplete	12th of 18	no team	31st of 31
2007	no team	14th of 21	no team	incomplete	incomplete	incomplete	11th of 11
2008	13th of 15	no team	no team	13th of 18	16th of 19	no team	8th of 10
2009	15th of 16	12th of 28	incomplete	11th of 18	no team	no team	10th of 12
2010	incomplete	no team	no team	3rd of 21	incomplete	no team	13th of 14
2011	incomplete	incomplete	incomplete	8th of 23	11th of 27	incomplete	16th of 20
2012	incomplete	incomplete	incomplete	10th of 24	no team	incomplete	10th of 22
2013	incomplete	no team	no team	17th of 20	no team	no team	incomplete
2014	incomplete	incomplete	no team	incomplete	incomplete	no team	12th of 24
2015	incomplete	incomplete	incomplete	7th of 12	incomplete	no team	11th of 12
2016	incomplete	no team	no team	9th of 23	no team	no team	13th of 24
2017	incomplete	incomplete	incomplete	12th of 26	no team	no team	incomplete
2018	5th of 15	no team	9th of 19	12th of 18	no team	incomplete	no team

2019	incomplete	22nd of 29	17th of 23	5th of 21	18th of 23	no team	incomplete
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Hidden Valley Park Top 10

B Frosh

1	Tyler	Allan	11:25	2019
2	Michael	Viano	11:34	2011
3	Evan	Quigley	11:36	2008
4	Luis	Haefke	11:45	2011
5	Mark	Blattler	11:49	2006
6	Graham	Manning	12:19	2015
7	Jesse	Aston	12:20	2006
8	Carson	Edwards	12:26	2016
9	Colby	Thompson	12:27	2018
10	Dylan	Gregory	12:34	2011

BFS

1	Mark	Blattler	10:42	2007
2	Evan	Quigley	10:50	2009
3	Jesse	Aston	11:03	2007
4	Noa	Nabeshima	11:05	2014
5	Harrison	Hollidge	11:32	2009
6	Matt	LoForte	11:37	2003
7	Carl	Swanson	11:40	2004
8	Robert	Viano	11:50	2014
9	Dylan	Gregory	11:52	2014
10	Connor	Hayes	11:56	2014

BJV

1	Randy	Johnson	12:07	2001
2	Adam	Schawel	12:17	2002
3	Jerwin	Woolridge	12:44	2001
4	Brett	Enke	12:52	2010
5	Caleb	McCauley	13:02	2019
6	Shayan	Mirzazadeh	13:03	2017
7	Joey	Woolridge	13:07	2000
8	Tom	Aiello	13:13	1985
9	Aaron	West	13:15	2000
9	Ben	Smyers	13:15	2018

BV (2.0 miles)

1	Evan	Quigley	10:20	2011
2	Eric	Roberts	10:25	2001
3	Jesse	Aston	10:30	2009
4	Matt	LoForte	10:41	2004
5	Mike	Railton	10:44	2010
6	Carson	Edwards	10:45	2019
7	Gusty	Maat	10:46	1996
7	Michael	Viano	10:46	2014
9	Rick	Riley	10:55	1996
10	Harrison	Hollidge	10:57	2010

BV (3.0 miles)

1	Evan	Quigley	16:09	2011
2	Jesse	Aston	16:15	2009
3	Eric	Roberts	16:18	2000
3	Rob	Latting	16:18	1984
5	Matt	LoForte	16:26	2004
6	Michael	Viano	16:36	2014
7	Carson	Edwards	16:40	2019
8	Mike	Railton	16:46	2009
9	Mark	Blattler	16:47	2009
10	Carl	Swanson	17:00	2004

GFS

1	Marissa	D'Atri	12:50	2014
2	Helene	Hollidge	13:13	2011
3	Allie	Timbrell	13:17	2011
4	Shannon	Manuel	14:03	2002
5	Erica	Cardinale	14:11	2014
6	Nicole	Tria	14:16	2015
7	Lauren	Suniga	14:17	2008
8	Louise	Dunn	14:27	2000
8	Beth	Mork	14:27	1999
10	Mikayla	Reichhold	14:48	2011

GJV

1	Shireen	Amini	14:46	2000
2	Dyan	Ortega	15:21	2000
3	Sara	West	15:24	2000
4	Skye	McKinsey	15:29	2018
5	Cailan	Ferrel	15:31	2011
6	Kay	Bromley	15:36	2011
7	Susann	Rosburg	15:39	1984
8	Francesca	Marietti	15:49	2011
9	Jennifer	Duncan	15:51	2019
10	Pearla	Lopez- Cardinale	15:56	2018

GV (2.0 miles)

1	Amy	Loper-Riley	12:12	1998
2	Marissa	D'Atri	12:43	2017
3	Samantha	Jones	13:03	2002
4	Nicole	Tria	13:24	2018
5	Beth	Mork	13:29	2000
6	Michaela	Nilson	13:42	2008
6	Jewelz	Andrews	13:42	2010
8	Tanya	Rosengren	13:47	2001
9	Erica	Cardinale	14:12	2016
10	Kellie	Stephens	14:13	2002

GV (3.0 miles)

1	Allie	Timbrell	18:36	2014
2	Marissa	D'Atri	18:56	2016
3	Katie	Leary	19:04	1984
4	Jessica	Neu	19:30	1999
5	Jewelz	Andrews	19:31	2008
6	Michaela	Nilson	19:32	2008
7	Nicole	Tria	19:38	2018
8	Janelle	Corbin	19:39	1984
9	Samantha	Jones	19:52	2002
10	Sammy	Parker	19:58	2008

Farmer Invitational Team Results

Year	GFS	GJV	GV	BFS	BJV	BV
2004	3rd of 3	Inc	4th of 7	8th of 8	Inc	4th of 10
2005	Inc	Inc	10th of 11	12th of 13	Inc	8th of 16
2006	Inc	Inc	No Scores	Inc	Inc	No Scores
2008	No Scores	No Team	No Scores	Inc	Inc	No Scores
2011	Inc	Inc	No Scores	Inc	No Team	No Scores
2012	Inc	Inc	No Scores	Inc	Inc	No Scores
2014	Inc	Inc	15th of 18	Inc	Inc	Inc
2015	Inc	No Team	Inc	Inc	Inc	12th of 18
2016	Inc	No Team	Inc	Inc	Inc	12th of 19
2017	Inc	No Team	Inc	Inc	No Team	11th of 13
2019	8th of 11	Inc	No Team	11th of 19	11th of 15	6th of 27

Farmer & NCS Team Times - Guys

Year	Time	Meet	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5	Runner 6	Runner 7
2009	1:21:36	NCS	Aston 15:38	Railton 16:12	Blattler 16:24	Quigley 16:40	Hollidge 16:42	March 17:02	Lejano 17:34
2019	1:24:02	Farmer	Edwards 15:57	Thompson 16:48	Smyers 16:50	Allan 17:10	McCauley 17:15	DiBetta 17:21	Searls 17:34
2019	1:24:31	NCS	Thompson 16:27	Edwards 16:49	Allan 16:52	Searls 16:59	McCauley 17:21	DiBetta 17:32	Navarro 18:37
2008	1:24:38	NCS	Blattler 16:05	Quigley 16:42	Ford 16:55	Aston 17:19	Railton 17:37	Lejano 17:49	March 18:39
2011	1:25:25	NCS	Quigley 16:31	Timbrell 16:39	Haefke 17:10	Kent 17:28	Viano 17:37	Bell 17:56	Francis 18:32
2016	1:25:37	NCS	Hayes 16:41	Oliveira 17:00	Viano 17:06	Edwards 17:15	Nabeshima 17:33	Manning 17:56	Winslow 18:08
2004	1:25:38	Farmer	LoForte 15:41	Swanson 16:40	Blattler 17:21	Riehlman 17:49	Wills 18:07	Dayton 18:35	Veasey 18:37
2006	1:25:54	NCS	Swanson 16:10	Aston 17:12	Gallardo 17:23	Wills 17:33	Blattler 17:36	Masterman 18:22	Riehlman 19:02
2005	1:26:00	NCS	LoForte 16:04	Swanson 16:09	Wills 17:21	Riehlman 18:00	Veasey 18:26	Masterman 18:33	Smith 19:29
2011	1:26:20	Farmer	Quigley 16:44	Timbrell 16:46	Viano 17:07	Kent 17:25	Bell 18:16	Francis 19:05	Giannini 19:40
2001	1:26:41	NCS	Roberts 15:56	Hodgson 17:31	Kearney 17:37	Holland 17:45	Hughes 17:52	Calasahan 17:54	Hanson 18:21
1987	1:26:46	NCS	Lepak 16:47	Schrambling 17:01	Hudson 17:29	Williams 17:29	Aiello 18:00	Vojvoda 18:52	Daniels 19:21
2015	1:26:56	NCS	Hayes 16:57	Nabeshima 17:19	Viano 17:24	Gregory 17:31	Oliveira 17:42	Garcia 18:12	
2004	1:27:18	NCS	LoForte 16:55	Swanson 16:55	Blattler 17:44	Dayton 17:51	Wills 17:53	Veasey 18:47	Riehlman 19:38
2010	1:27:18	NCS	Quigley 16:01	Railton 17:08	Timbrell 17:25	Hollidge 17:29	Bell 19:15	Francis 19:33	Maisel 19:41
2006	1:27:41	Farmer	Blattler 16:56	Wills 17:17	Gallardo 17:26	Aston 17:34	Riehlman 18:27	Smith 18:59	Dayton 19:28
2008	1:27:47	Farmer	Aston 16:24	Railton 17:32	Quigley 17:32	Ford 17:37	Lejano 18:40	Patterson 19:46	March 19:55
2012	1:27:58	Farmer	Timbrell 16:58	Viano 17:17	Kent 17:29	Major 17:59	Giannini 18:15	Roth 19:04	Kyllo 19:44
2005	1:28:01	Farmer	Swanson 16:30	LoForte 16:35	Riehlman 17:50	Burk 18:29	Wills 18:37	Smith 18:41	Masterman 19:11
2007	1:28:36	NCS	Blattler 15:37	Gallardo 16:34	Ford 18:21	Aston 18:43	Railton 19:21	Lopez 21:11	
2014	1:28:45	NCS	Viano 16:25	Nabeshima 17:28	Viano 17:51	Hayes 18:00	Walker 19:01		
2002	1:31:13	NCS	Hodgson 17:47	LoForte 17:52	Holland 18:14	Schawel 18:23	Kearney 18:57	Oldenkamp 19:29	Johnson 20:05
2017	1:31:16	NCS	Edwards 17:05	Kobylik 17:23	Gregory 18:00	Manning 18:54	Morgan 19:51		
2016	1:31:20	Farmer	Hayes 17:04	Oliveira 17:21	Viano 17:47	Winslow 19:13	Thompson 19:54	Mirzazadeh 22:01	
2012	1:31:32	NCS	Timbrell 17:23	Viano 17:35	Kent 18:20	Giannini 18:50	Francis 19:24	Kyllo 19:50	Francis 20:54
2015	1:31:58	Farmer	Nabeshima 16:58	Hayes 18:04	Viano 18:32	Gregory 18:57	Garcia 19:25	Oliveira 19:50	
2013	1:32:32	NCS	Viano 17:03	Beck 17:57	Roth 18:32	Giannini 18:57	Walker 20:03	Francis 21:25	
2017	1:33:54	Farmer	Edwards 16:53	Kobylik 18:15	Morgan 18:34	Ayala 19:39	Mirzazadeh 20:31		
1999	1:35:11	NCS	Roberts 16:58	Leisure 18:30	Holland 19:45	Hanson 19:56	Webster 20:02	Hodgson 20:14	Nunes 20:30

Farmer & NCS Team Times - Girls

Year	Time	Meet	Runner 1	Runner 2	Runner 3	Runner 4	Runner 5	Runner 6	Runner 7
2002	1:40:29	NCS	Jones 18:57	Rosengren 19:59	Lightsey 20:24	Manuel 20:31	Zamora 20:38	Stephens 21:03	Borman 21:43
2008	1:41:36	NCS	Andrews 18:50	Parker 20:08	Nilson 20:12	Yoeono 20:58	Sweeney 21:28	Wight 21:32	Herbert 21:43
2011	1:42:02	NCS	Hollidge 19:45	Timbrell 20:05	Taylor 20:30	Ferrel 20:33	Wood 21:09	Osborne 21:17	Dinh 22:16
2001	1:42:36	NCS	Rosengren 19:10	Jones 20:25	Stephens 20:40	Mork 20:56	Lightsey 21:25	Manuel 22:02	Shoemaker 22:39
2009	1:43:13	NCS	Andrews 19:38	Suniga 19:48	Nilson 19:49	Wadsworth 21:03	Mendoza 22:55	Adesida 23:59	Yoeono 24:00
2007	1:44:18	NCS	Andrews 18:54	Nilson 19:52	Parker 20:00	Wight 21:57	Eck 23:35	Swanson 23:49	Baumgartner 24:46
1999	1:44:25	NCS	Neu 19:15	Loper-Riley 20:13	Zamolo 21:25	Mork 21:37	Jones 21:55	Stephens 22:27	Stephens 23:30
2004	1:47:07	Farmer	Manuel 20:35	Movchus 20:35	Morales 21:35	Winters 22:05	Borman 22:17	Pallotta 22:39	Andrews 23:02
2010	1:47:20	NCS	Andrews 18:39	Suniga 21:52	Mendoza 22:04	Taylor 22:07	Osborne 22:38	Wood 23:34	
2004	1:48:57	NCS	Manuel 21:30	Gorrell 21:31	Winters 21:41	Morales 21:48	Pallotta 22:27	Snavelly 22:44	
2005	1:49:21	NCS	Zamolo 20:30	Sylvia 21:47	Gorrell 21:56	Swanson 22:23	Snavelly 22:45	Wight 22:50	Pallotta 23:05
2015	1:49:25	NCS	D'Atri 18:21	Cardinale 20:47	Stites 22:50	Mendoza 23:26	Guevara 23:58	Rogers 24:09	
2011	1:49:28	Farmer	Timbrell 20:09	Osborne 22:00	Dinh 22:01	Ferrel 22:21	Taylor 22:54	Jorgensen 23:17	Bromley 23:59
2008	1:49:44	Farmer	Andrews 19:13	Nilson 19:44	Wight 21:10	Wadsworth 22:29	Bumala 27:08		
2006	1:50:08	NCS	Salazaar 21:01	Nilson 21:02	Wight 22:06	Sylvia 22:25	Herbert 23:34	Swanson 23:48	Leary 24:05
2019	1:50:32	NCS	Phillips 20:12	Brown 22:00	McKinsey 22:30	Hisquierdo 22:43	Duncan 23:05	Padrique 23:36	Nguyen 24:26
2014	1:52:15	NCS	Timbrell 18:45	Cardinale 21:43	Mendoza 23:41	Guevara 23:58	Rogers 24:08	Stites 24:30	Soza 29:33
2005	1:52:44	Farmer	Zamolo 20:07	Swanson 22:46	Wescott 22:46	Jones 23:32	Sylvia 23:33	Pallotta 23:55	Baaten 24:18
2006	1:53:19	Farmer	Sylvia 22:05	Salazaar 22:13	Nichols 22:22	Snavelly 23:13	Wight 23:25	Swanson 23:33	
2012	1:53:38	Farmer	Taylor 21:10	Dinh 22:02	Osborne 22:09	Marietti 23:28	Bromley 24:49	Jorgensen 25:22	Timbrell 26:38
1987	1:54:09	NCS	Corbyn 20:04	Brunton 20:13	Griffen 21:17	Cotton 26:03	Cordova 26:32	Grimes 26:57	
2012	1:55:49	NCS	Osborne 21:35	Taylor 22:36	Dinh 22:43	Marietti 23:58	Guerra 24:57	Jorgensen 26:08	
2014	1:57:05	Farmer	Timbrell 19:49	Cardinale 21:39	Rogers 24:54	Guevara 25:07	Mendoza 25:35		

Hayward HS: Farmer / NCS All Time List - Boys 3.0

1	Mark Blattler	15:37	2007	53	Cristian Ruiz	18:15	2019
2	Jesse Aston	15:38	2009	54	Brian Hanson	18:21	2001
3	Matt LoForte	15:41	2004	55	Will Masterman	18:22	2006
4	Eric Roberts	15:56	2001	56	Adam Schawel	18:23	2002
5	Carson Edwards	15:57	2019	57	Robert Veasey	18:26	2005
6	Evan Quigley	16:01	2010	58	Rich Burk	18:29	2005
7	Carl Swanson	16:09	2005	59	Caleb Leisure	18:30	1999
8	Mike Railton	16:12	2009	60	Connor Francis	18:32	2011
9	Michael Viano	16:15	2015	61	Calvin Roth	18:32	2013
10	Colby Thompson	16:27	2019	62	Jason Morgan	18:34	2017
11	Ryan Gallardo	16:34	2007	63	Virgil Smith	18:41	2005
12	Joel Timbrell	16:39	2011	64	Ian Vojvoda	18:52	1987
13	Connor Hayes	16:41	2016	65	Sean Walker	18:57	2014
14	Harrison Hollidge	16:42	2009	66	Juan Herrera	19:04	2019
15	Scott Lepak	16:47	1987	67	Scott Daniels	19:21	1987
16	Rob Latting	16:49	1983	68	Gabe Smith	19:21	2004
17	Ben Smyers	16:50	2019	69	Tim Oldenkamp	19:29	2002
18	Tyler Allan	16:52	2019	70	Jaime Ayala	19:39	2017
19	Aaron Ford	16:55	2008	71	Mitchell Maisel	19:41	2010
20	Noa Nabeshima	16:58	2015	72	Joaquin Hinkens	19:41	2019
21	Nolin Searls	16:59	2019	73	Kevin Kylo	19:44	2012
22	Trevor Oliveira	17:00	2016	74	Peter Holland	19:45	1999
23	Bill Schrambling	17:01	1987	75	Jake Patterson	19:46	2008
24	Zac March	17:02	2009	76	Kyle Thompson	19:54	2016
25	Robert Viano	17:06	2016	77	Aaron Manning	19:56	2019
26	Luis Haefke	17:10	2011	78	Eric Webster	20:02	1999
27	Ryan McCauley	17:15	2019	79	Vince Montegrando	20:04	2019
28	Rob Wills	17:17	2006	80	Randy Johnson	20:05	2002
29	Aaron Brinkman	17:20	2014	81	Ari Amini	20:07	2011
30	James Blattler	17:21	2004	82	Mitch Hodgson	20:14	1999
31	Sam DiBetta	17:21	2019	83	Jared Lipman	20:15	2019
32	Alan Kobylak	17:23	2017	84	Eddie Roth	20:16	2005
33	Logan Kent	17:25	2011	85	Jordan Runyan	20:28	2005
34	Vince Hudson	17:29	1987	86	Matt Nunes	20:30	1999
35	Ben Williams	17:29	1987	87	Shayan Mirzazadeh	20:31	2017
36	Luke Hodgson	17:31	2001	88	Jian Amini	20:36	2005
37	Dylan Gregory	17:31	2015	89	Caleb McCauley	20:37	2019
38	Andrew Lejano	17:34	2009	90	Tim Truex	20:43	2019
39	Brian Kearney	17:37	2001	91	Brandon Gray	20:44	2019
40	Paul Holland	17:45	2001	92	Matt Hammers	20:51	2005
41	John Riehlman	17:49	2004	93	Emmet Francis	20:54	2012
42	Wesley Dayton	17:51	2004	94	Derek Lopez	21:11	2007
43	Zack Hughes	17:52	2001	95	Ali Sobhy	21:14	2019
44	Chris Calasahan	17:54	2001	96	Sam Francis	21:25	2013
45	Conner Bell	17:56	2011	97	Tyler Johnson	22:19	2005
46	Graham Manning	17:56	2016	98	Stephen Searles	22:43	2005
47	Peter Beck	17:57	2013	99	Phillip Schwartz	23:17	2005
48	Malik Major	17:59	2012	100	Kyle Fitzpatrick	23:59	2015
49	Tim Aiello	18:00	1987	101	Chris Rucker	24:10	2019
50	Gabe Winslow	18:08	2016	102	Andres Alvarez	25:09	2019
51	Luis Garcia	18:12	2015	103	Ethan Arnold-Muth	25:11	2019
52	Christian Giannini	18:15	2012	104	Gabriel Gonzales	26:07	2016

Hayward HS: Farmer / NCS All Time List - Girls 3.0

1	Marissa D'Atri	17:54	2016	43	Crystal Dinh	22:01	2011
2	Allie Timbrell	18:11	2013	44	Ana Mendoza	22:04	2010
3	Jewelz Andrews	18:39	2010	45	Tisha Nichols	22:22	2006
4	Samantha Jones	18:57	2002	46	Haley Swanson	22:23	2005
5	Tanya Rosengren	19:10	2001	47	Nora Pallotta	22:27	2004
6	Stacey Brunton	19:11	1985	48	Skye McKinsey	22:30	2019
7	Jessica Neu	19:15	1999	49	Whitney Shoemaker	22:39	2001
8	Katie Leary	19:24	1983	50	Alexia Hisquierdo	22:43	2019
9	Nicole Tria	19:30	2016	51	Sophia Snavelly	22:44	2004
10	Michaela Nilson	19:44	2008	52	Isa Mendoza	22:45	2016
11	Helene Hollidge	19:45	2011	53	Marsha Wescott	22:46	2005
12	Lauren Suniga	19:48	2009	54	Catherine Stites	22:50	2015
13	Erica Cardinale	19:59	2016	55	Alyssa Andrews	23:02	2004
14	Sammy Parker	20:00	2007	56	Jennifer Duncan	23:05	2019
15	Janelle Corbyn	20:04	1987	57	Ariana Jorgensen	23:17	2011
16	Lissa Zamolo	20:07	2005	58	Olivia Mendoza	23:20	2013
17	Kylee Phillips	20:12	2019	59	Francesca Marietti	23:28	2012
18	Amy Loper-Riley	20:13	1999	60	Heather Stephens	23:30	1999
19	Lindsay Lightsey	20:24	2002	61	Carrie Jones	23:32	2005
20	Anna Taylor	20:30	2011	62	Christina Eck	23:35	2007
21	Shannon Manuel	20:31	2002	63	Mia Padrique	23:36	2019
22	Cailan Ferrel	20:33	2011	64	Melissa Guevara	23:58	2014
23	Kristen Movchus	20:35	2004	65	Divine Adesida	23:59	2009
24	Maria Zamora	20:38	2002	66	Kay Bromley	23:59	2011
25	Kellie Stephens	20:40	2001	67	Kaelyn Nguyen	24:01	2019
26	Beth Mork	20:56	2001	68	Annie Leary	24:05	2006
27	Meagan Yoeono	20:58	2008	69	Kate Rogers	24:08	2014
28	Meredith Salazaar	21:01	2006	70	Julia Baaten	24:18	2005
29	Savannah Wadsworth	21:03	2009	71	Kelli Baumgartner	24:46	2007
30	Gina Wood	21:09	2011	72	Karina Diaz	24:56	2016
31	Jordan Wight	21:10	2008	73	Elicia Guerra	24:57	2012
32	Kristen Griffen	21:17	1987	74	Reyna Arce	25:16	2019
33	Danielle Osborne	21:17	2011	75	Tori Arnold	25:50	2004
34	Rebecca Zamolo	21:25	1999	76	Aimee Cotton	26:03	1987
35	Christian Sweeney	21:28	2008	77	Rachel Aston	26:09	2005
36	Elizabeth Gorrell	21:31	2004	78	Tessa Cordova	26:32	1987
37	Patty Morales	21:35	2004	79	Janet Grimes	26:57	1987
38	Jennifer Winters	21:41	2004	80	Kathryn Bumala	27:08	2008
39	Ashley Borman	21:43	2002	81	Kathryn Wallace	27:32	2005
40	Carolynn Herbert	21:43	2008	82	Laila Flahiff	28:57	2019
41	Nicole Sylvia	21:47	2005	83	Kiersten Soza	29:33	2014
42	Kadyn Brown	22:00	2019	84	Emmali Todd	33:26	2015

Ram Invitational Team Results

	B Frosh	B Soph	BJV	BV	GFS	GJV	GV
1987	9/13	incomplete	no team	incomplete	no team	no team	6/9
2013	incomplete	no team	incomplete	5/15	incomplete	incomplete	no team
2014	incomplete	incomplete	no team	incomplete	incomplete	incomplete	incomplete
2015	incomplete	incomplete	incomplete	incomplete	incomplete	no team	11/12
2016	incomplete	incomplete	incomplete	10/19	incomplete	no team	incomplete
2017	no team	incomplete	incomplete	17/20	no team	no team	incomplete
2018	2/11	4/8	7/9	incomplete	incomplete	incomplete	incomplete
2019	incomplete	4/12	incomplete	incomplete	6/8	incomplete	no team

Ram Invitational Top 10 (2.4)

B Frosh

1	13:34	Tyler Allan	2019
2	13:58	Sam Rogers	2018
3	14:12	Colby Thompson	2018
4	14:20	Sam DiBetta	2018
5	14:33	Carson Edwards	2016
6	14:49	Dylan Gregory	2014
7	14:54	Ben Williams	1987
8	15:06	Noa Nabeshima	2013
9	15:39	Jack Fuller	2013
10	15:43	Graham Manning	2015

B Soph

1	13:38	Noa Nabeshima	2014
2	13:40	Colby Thompson	2019
3	14:11	Robert Viano	2014
4	14:12	Trevor Oliveira-Smith	2014
5	14:14	Cristian Ruiz	2019
6	14:15	Sam DiBetta	2019
7	14:27	Connor Hayes	2014
8	14:38	Bill Schrambling	1987
9	14:42	Graham Manning	2015
10	14:43	Billy Skinner	2018

BJV

1	14:52	Gabe Winslow	2015
2	14:54	Del Roderick	2018
3	15:22	Deen Sobhy	2018
4	15:48	Chris Cota	2018
5	16:49	Shayan Mirzazadeh	2016
6	17:14	Jonas Knopf	2019
7	17:34	Sean Walker	2013
8	17:37	Josh Flores	2018
9	19:04	Samuel Francis	2013
10	19:44	Parrish Dodson	2019

BV

1	12:54	Carson Edwards	2017
2	13:00	Noa Nabeshima	2015
3	13:27	Michael Viano	2013
4	13:29	Ben Smyers	2019
5	13:37	Ryan McCauley	2019
6	13:40	Trevor Oliveira-Smith	2015
7	13:42	Logan Kent	2013
8	13:47	Robert Viano	2015
9	13:58	Connor Hayes	2016
10	14:02	Scott Lepak	1987
10	14:02	Graham Manning	2017

GFS

1	16:30	Kylee Phillips	2019
2	16:35	Nicole Tria	2016
3	16:59	Erica Cardinale	2014
4	18:26	Alexia Hisquierdo	2019
5	18:35	Pearla Lopez-Cardinale	2018
6	18:48	Kaelyn Nguyen	2019
7	18:55	Catherine Stites	2013
8	19:12	Anna Palmer	2014
9	19:46	Reyna Arce	2019
10	19:48	Melissa Guevara	2013

GJV

1	18:50	Kadyn Brown	2019
2	19:14	Elicia Guerra	2013
3	19:35	Olivia Mendoza	2013
4	19:35	Skye McKinsey	2019
5	19:45	Clara Duran	2018
6	20:53	Kaitlyn Mitchell	2014
7	23:28	Maghan Combs	2015
8			
9			
10			

GV

1	14:09	Marissa D'Atri	2017
2	15:21	Nicole Tria	2018
3	15:29	Allie Timbrell	2014
4	15:44	Janelle Corbyn	1987
5	16:04	Erica Cardinale	2016
6	16:18	Stacey Brunton	1987
7	19:00	Olivia Mendoza	2014
8	19:09	Isa Mendoza	2016
9	19:14	Catherine Stites	2015
10	19:31	Kate Rogers	2014

Artichoke Invitational Team Results

Year	GFS	GJV	GV	B Frosh	BFS	BJV	BV
1991	6/8	no race	incomplete	no team	4/13	incomplete	incomplete
1992	8th of 11	no race	incomplete	incomplete	incomplete	incomplete	9th of 20
1993	no records						
1994	incomplete	no race	incomplete	incomplete	incomplete	no team	2nd of 21
1995	no records						
1996	4th of 9	no race	incomplete	no team	11th of 16	incomplete	incomplete
1997	3rd of 13	no race	incomplete	incomplete	no team	no team	incomplete
1998	no records						
1999	no team	no team	2nd of 17	no team	8th of 10	no team	13th of 24
2000	incomplete	3rd of 10	4th of 18	incomplete	incomplete	4th of 12	9th of 20
2001	no team	incomplete	7th of 23	no team	incomplete	incomplete	6th of 22
2002	incomplete	incomplete	4th of 19	incomplete	incomplete	incomplete	10th of 26
2003	2nd of 8	no team	6th of 21	2nd of 8	incomplete	no team	15th of 23
2004	incomplete	incomplete	16th of 27	incomplete	4th of 17	incomplete	incomplete
2005	9th of 10	no team	19th of 28	9th of 10	incomplete	10th of 18	8th of 26
2006	meet cancelled						
2007	no team	no team	incomplete	no team	8th of 13	no team	incomplete
2008	incomplete	incomplete	1st of 12	incomplete	no team	incomplete	7th of 16
2009	incomplete	no team	6th of 17	incomplete	incomplete	no team	1st of 23
2010	no team	no team	10th of 17	no team	7th of 16	no team	6th of 25
2011	did not attend						
2012	no team	no team	10th of 13	no team	incomplete	incomplete	5th of 15
2013	incomplete	no team	incomplete	incomplete	no team	incomplete	5th of 17
2014	incomplete	no team	9th of 15	incomplete	incomplete	no team	incomplete
2015	incomplete	no team	incomplete	incomplete	no team	incomplete	6th of 24
2016	incomplete	no team	incomplete	incomplete	incomplete	incomplete	7th of 19
2017	incomplete	no team	incomplete	incomplete	incomplete	incomplete	11th of 25
2018	no team	incomplete	incomplete	3rd of 7	no team	6th of 17	12th of 25
2019	9th of 13	7th of 11	no team	incomplete	2nd of 19	11th of 18	19th of 36
2020							

Note: The data for meets prior to 1991 is fragmentary. What we have here is the best compilations of available information. Research is ongoing for older information and those findings will be added in as they emerge.

Artichoke Top 10 (2.33)

B Frosh

1	Mitch	Hodgson	13:36	1997
2	Matt	LoForte	13:39	2002
3	Evan	Quigley	13:40	2008
4	John	Riehlman	13:52	2003
5	Carl	Swanson	13:56	2003
6	Dylan	Gregory	14:03	2014
7	Carson	Edwards	14:04	2016
8	Harrison	Hollidge	14:06	2008
9	Colby	Thompson	14:07	2018
10	Graham	Manning	14:12	2015

BFS

1	Mark	Blattler	12:19	2007
2	Matt	LoForte	12:45	2003
3	Eric	Roberts	12:55	1999
4	Carl	Swanson	12:59	2004
5	Jesse	Aston	13:06	2007
6	Tyler	Allan	13:08	2019
7	Noa	Nabeshima	13:10	2014
7	Colby	Thompson	13:10	2019
9	Michael	Viano	13:17	2012
10	John	Riehlman	13:33	2004

BJV

1	Brian	Smyth	14:03	1996
2	Ben	Smyers	14:23	2018
3	Robby	Rosca	14:24	2004
4	Gabe	Smith	14:26	2004
5	Mitch	Hodgson	14:28	2000
6	Matt	Nunes	14:31	2000
7	Ryan	McCauley	14:39	2018
8	Tim	Oldenkamp	14:41	2001
9	Doug	Halpern	14:53	2000
10	Aaron	West	15:09	2000

BV

1	Eric	Roberts	12:02	2001
2	Matt	LoForte	12:05	2004
3	Jesse	Aston	12:06	2009
3	Evan	Quigley	12:06	2010
5	Gusty	Maat	12:07	1994
6	Mike	Railton	12:23	2010
7	Carl	Swanson	12:27	2005
7	Leroy	Fisher	12:27	1994
9	Michael	Viano	12:30	2014
10	Dave	Flynn	12:32	1991

GFS

1	Amy	Loper-Riley	14:14	1997
2	Tanya	Rosengren	14:40	2001
3	Jessica	Neu	15:08	1997
4	Marissa	D'Atri	15:13	2014
5	Jewelz	Andrews	15:19	2007
6	Sammy	Parker	15:20	2007
7	Shannon	Manuel	15:48	2002
8	Heather	Stephens	15:57	1997
9	Lindsay	Lightsey	16:10	2001
10	Kylee	Phillips	16:17	2019

GJV

1	Dyan	Ortega	17:38	2000
2	Ericka	Nelson	17:55	2000
3	Stephanie	Lindorf	18:10	2000
4	Pearla	Lopez-Cardinale	18:12	2018
5	Kadyn	Brown	18:30	2019
6	Nancy	Villa	18:36	2000
7	Katie	Hermens	18:44	2001
8	Kristal	Duerloo-Vance	19:05	2002
9	Clara	Duran	19:11	2018
10	Leah	Burkhardt	19:18	2005

GV

1	Jessica	Neu	13:57	1999
2	Allie	Timbrell	14:17	2013
3	Marissa	D'Atri	14:28	2016
4	Samantha	Jones	14:37	2002
5	Jewelz	Andrews	14:38	2010
6	Nicole	Tria	14:55	2018
7	Lissa	Zamolo	15:03	2005
8	Tanya	Rosengren	15:05	2002
9	Beth	Mork	15:08	1999
10	Michaela	Nilson	15:09	2008

Castro Valley Inv Top 10

B Frosh (2.1 miles)

1	12:47	Luis Haefke	2011
2	12:53	Michael Viano	2010
3	12:56	Matt LoForte	2002
4	13:27	Noa Nabeshima	2013
5	13:28	Carson Edwards	2016
6	13:39	John Riehman	2003
7	13:49	Dylan Gregory	2014
8	14:06	Wesley Dayton	2003
8	14:06	Rob Wills	2003
10	14:20	Christian Giannini	2010

BFS (2.1 miles)

1	12:11	Mark Blattler	2006
2	12:13	Carl Swanson	2004
3	12:15	Eric Roberts	1999
3	12:15	Matt LoForte	2003
5	12:20	Michael Viano	2012
6	12:21	Noa Nabeshima	2014
7	12:39	Jesse Aston	2006
8	12:51	Wesley Dayton	2004
9	13:01	Ryan Gallardo	2006
10	13:03	Robert Viano	2014
10	13:03	Cristian Ruiz	2019

BJV (2.1 miles)

1	13:48	Jerwin Woolridge	2001
2	14:19	David Tendrick	2002
3	14:31	Robert Brooks	1986
4	14:55	Michael Thomas	1986
5	15:05	Doug Halpern	2000
6	15:15	Habib Kalfy	1986
7	15:16	Roger Aiello	1993
8	15:17	Cristian Ruiz	2018
9	15:24	Rafael Ayala	2012
10	15:26	Shayan Mirzazadeh	2016

BV (3.0 miles)

1	16:30	Matt LoForte	2004
2	17:05	Evan Quigley	2010
3	17:16	Michael Viano	2014
4	17:26	Carl Swanson	2006
5	17:30	Colby Thompson	2019
6	17:34	Gusty Maat	1994
7	17:39	Rick Riley	1994
8	17:41	Mike Railton	2010
8	17:41	Joel Timbrell	2012
10	17:43	Carson Edwards	2018

GFS (2.1 miles)

1	13:32	Amy Loper-Riley	1997
2	14:13	Marissa D'Atri	2014
3	14:25	Jessica Neu	1997
4	14:27	Helene Hollidge	2011
5	14:34	Tanya Rosengren	2001
6	14:42	Samantha Jones	2000
7	14:49	Louise Dunn	2000
8	14:58	Nicole Tria	2016
9	14:59	Beth Mork	1999
10	15:18	Kellie Stephens	2000

GJV (2.1 miles)

1	16:48	Kim Baer	1999
2	17:00	Meghan Kennedy	1986
3	17:02	? Hughes	1995
4	17:14	Sonia Cardinale	1986
5	17:18	Dyan Ortega	2000
6	17:33	Whitney Shoemaker	2000
7	17:38	Allison Cox	1999
8	17:49	Pearla Lopez-Cardinale	2018
9	17:50	Francesca Marietti	2011
10	18:01	Skye McKinsey	2018

GV (3.0 miles)

1	18:57	Amy Loper-Riley	1998
2	19:13	Allie Timbrell	2013
3	20:04	Nicole Tria	2018
4	20:23	Jessica Neu	1998
5	20:28	Marissa D'Atri	2015
6	20:51	Jewelz Andrews	2010
7	21:51	Erica Cardinale	2013
8	22:17	Anna Taylor	2012
9	22:37	Lindsay Lightsey	2002
10	22:43	Beth Mork	2000

Mt SAC Invitational Team Results

Year	G Frosh	G Soph	GJV	GV	B Frosh	B Soph	BJV	BV
1987	no team	inc	no team	inc	no team	inc	no team	inc
1988	no team	no team	no team	4th	no team	no team	no team	2nd
1989	no team	inc	no team	2nd	inc	no team	inc	7th
1990	no team	no team	no team	no team	inc	no team	no team	no team
1991	no team	inc	no team	?	no team	?	no team	inc
1992	no team	4th	inc	inc	inc	inc	inc	?
1993	no team	inc	inc	inc	no team	inc	inc	2nd
1994	inc	no team	no team	inc	no team	no team	no team	2nd
1995	no team	inc	no team	inc	inc	no team	inc	?
1996	9th	inc	no team	inc	no team	7th	inc	inc
1997	inc	inc	no team	inc	inc	inc	no team	inc
1998	inc	inc	no team	5th	inc	inc	inc	7th
1999	inc	inc	inc	9th	inc	inc	no team	14th
2000	no team	no team	no team	no team	no team	no team	no team	no team
2001	inc	no team	10th	1st	no team	no team	5th	9th
2002	no team	inc	no team	2nd	inc	inc	no team	18th
2003	no team	no team	no team	no team	no team	no team	no team	no team
2004	inc	5th	no team	inc	inc	4th	inc	inc
2005	inc	?	16th	12th	inc	inc	15th	10th
2006	inc	inc	inc	inc	inc	inc	inc	21st
2007	inc	inc	inc	inc	inc	inc	inc	inc
2008	inc	inc	no team	3rd	inc	no team	inc	14th
2009	no team	inc	no team	inc	no team	12th	no team	inc
2010	inc	inc	no team	inc	inc	no team	no team	inc
2011	inc	no team	no team	15th	inc	inc	no team	11th
2012	no team	no team	no team	11th	no team	inc	no team	inc
2013	inc	9th	no team	inc	inc	no team	no team	inc
2014	no team	inc	no team	inc	inc	inc	no team	inc
2015	inc	no team	no team	inc	inc	inc	no team	inc
2016	no team	inc	no team	inc	inc	inc	no team	inc
2017	no team	no team	no team	inc	no team	inc	no team	inc
2018	inc	no team	no team	inc	3rd	no team	no team	inc
2019	no team	inc	no team	inc	inc	1st	no team	inc

Mt. SAC Top 10 (2.93)

B Frosh

1	17:11	Mark Blattler	2006
2	17:39	Tyler Allan	2019
3	17:57	Michael Viano	2011
4	17:58	Evan Quigley	2008
4	17:58	Luis Haefke	2011
6	18:01	Matt LoForte	2002
7	18:07	Colby Thompson	2018
8	18:11	Jesse Aston	2006
9	18:30	Mitch Hodgson	1997
10	18:34	Noa Nabeshima	2013

B Soph

1	16:36	Mark Blattler	2007
2	16:52	Harrison Hollidge	2009
3	16:56	Carl Swanson	2004
4	17:10	Eric Roberts	1999
5	17:12	Colby Thompson	2019
6	17:23	Noa Nabeshima	2014
7	17:28	Carson Edwards	2017
8	17:42	Michael Viano	2012
9	17:49	Caleb Leisure	1997
9	17:49	Jesse Aston	2007

BJV

1	18:51	Randy Johnson	2001
2	18:58	Jerwin Woolridge	2001
3	19:40	Alex James	1996
4	19:41	Eddie Roth	2005
5	19:51	Scott Fukumoto	1996
6	19:52	Tim Oldenkamp	2001
7	19:59	Jordan Runyan	2005
8	20:08	Jake Patterson	2008
9	20:12	Zac March	2008
10	20:21	Justin Landon	1996

BV

1	15:49	Matt LoForte	2004
2	15:55	Eric Roberts	2001
3	15:57	Evan Quigley	2010
4	16:29	Carl Swanson	2006
5	16:45	Mike Railton	2010
6	16:49	Gusty Maat	1994
6	16:49	Joel Timbrell	2012
8	16:52	Michael Viano	2014
9	16:53	Ben Williams	1989
10	16:57	Carson Edwards	2018

G Frosh

1	20:05	Helene Hollidge	2011
2	20:17	Amy Loper-Riley	1996
3	21:44	Nicole Tria	2015
4	22:33	Shannon Manuel	2001
5	22:35	Sky Gliatto	1994
6	23:29	Jewelz Andrews	2007
7	24:11	Erica Cardinale	2013
8	24:16	Samantha Jones	1999
9	24:31	Alyssa Andrews	2001
10	25:01	Tisha Nichols	2005

G Soph

1	20:03	Tanya Rosengren	2002
2	21:54	Sky Gliatto	1995
3	22:02	Laura Johnson	1996
4	22:03	Maria Zamora	2002
5	22:09	Elizabeth Gorrell	2004
6	22:10	Kylee Phillips	2019
7	22:11	Kristen Griffen	1987
8	22:18	Danielle Osborne	2010
9	22:24	Nicole Sylvia	2005
10	22:27	Patricia Morales	2004

GJV

1	24:24	Sarah West	2001
2	25:33	Stephanie Kendall	1999
3	26:54	Beth Rudiger	1992
4	27:16	Katie Hermans	2001
5	27:17	Alyssa Miller	2001
6	27:18	Megan Keith	2001
7	27:19	Janae Valerga	2005
8	27:50	Kathryn Wallace	2005
9	27:54	S. El Mossalamy	2005
10	27:55	Courtney McBride	2005

GV

1	18:17	Allie Timbrell	2013
2	18:36	Amy Loper-Riley	1998
3	19:13	Jewelz Andrews	2010
4	19:14	Marissa D'Atri	2017
5	19:27	Samantha Jones	2002
6	19:31	Nicole Tria	2018
7	20:18	Kellie Stephens	2002
8	20:19	Sammy Parker	2008
9	20:24	Tanya Rosengren	2002
10	20:28	Christian Sweeney	2008

Mt. SAC

RESULTS

Boys' Frosh

1989		
40	Steve Broyles	21:54
1990		
	Hyrum Ernstrom	20:57
	Tony Kauke	22:06
	Mlke Helvey	26:27
1992		
9	Jarred Jensen	19:20
103	Mike Helvey	26:24
1995		
63	Daniel Sabatini	23:32
88	Brian Ching	25:34
1997		
8	Mitch Hodgson	18:30
1998		
70	Matt Nunes	24:38
77	Bryan Quinn	25:10
1999		
52	Ron Cruz	22:02
78	Brian Kearney	23:57
2002		
3	Matt LoForte	18:01
2004		
94	Chris Stone	23:30
2005		
10	Will Masterman	18:37
100	Jesse Thompson	22:29
115	Mason Walters	23:32
2006		
1	Mark Blattler	17:11
7	Jesse Aston	18:11
2007		
130	Mike Railton	25:48
2008		
5	Evan Quigley	17:58
113	Ian Schueller	22:29
227	Chris Sander	27:47
2010		
71	Logan Kent	20:01
2011		
5	Michael Viano	17:57
6	Luis Haefke	17:58
37	Christian Giannini	19:36
2013		
9	Noa Nabeshima	18:34
113	Jack Fuller	20:53
2014		
10	Dylan Gregory	18:43
2015		
39	Graham Manning	20:05
2016		
15	Carson Edwards (2M)	11:18
2018	3rd	99:24
	2	Colby Thompson 18:07
	6	Sam Rogers 18:41
	32	Sam DiBetta 20:19
	39	Nolin Searls 20:55
	67	Aaron Manning 21:52

Top 10 B Frosh Times

1	Mark Blattler	17:11	2006
2	Michael Viano	17:57	2011
3	Evan Quigley	17:58	2008
3	Luis Haefke	17:58	2011

5	Matt LoForte	18:01	2002
6	Colby Thompson	18:07	2018
7	Jesse Aston	18:11	2006
8	Mitch Hodgson	18:30	1997
9	Noa Nabeshima	18:34	2013
10	Will Masterman	18:37	2005

Boys' Soph

1987		
2	Bill Scrambling	18:14
1991	?	110:39
8	Tony Kauke	19:43
18	Hyrum Ernstrom	21:18
30	Chad Edwards	22:58
34	Pardip Suti	23:21
50	Hardid Suti	25:19
1992		
31	Mark Stanley	19:49
45	Matt Lundberg	20:45
1993		
?	Mike Helvey	27:26
1996	7th	106:48
9	Brian Ching	18:42
23	Tom Hodgson	19:43
29	Daniel Sabatini	20:06
44	Sean Chambers	21:06
98	Matt Ross	27:41
1997		
6	Caleb Leisure	17:49
67	Rob Lawrence	21:44
1998		
66	Eric Webster	22:28
67	Jeff Drew	22:31
1999		
1	Eric Roberts	17:10
33	Brian Hansen	21:11
34	Matt Nunes	21:12
2002		
81	Davis, Jeremiah	21:01
96	Rodriguez, Chris	21:18
120	Luna, Steven	22:17
2004	4th	93:51
1	Swanson, Carl	16:56
9	Riehlman, John	17:55
21	Wills, Rob	18:23
20	Dayton, Wesley	18:28
108	Amini, Jian	22:09
114	Searles, Stephen	22:30
2005		
63	Mike Coniglio	21:43
70	Alex Henderson	22:10
2006		
45	Aaron Ford	20:01
47	Will Masterson	20:06
110	Jesse Thompson	22:22
153	Mason Walters	24:38
2007		
1	Mark Blattler	16:36
3	Jesse Aston	17:49
128	Andrew Lejano	23:50
2009	12th	101:01
1	Harrison Hollige	16:52
35	Evan Quigley	19:02
59	Conner Bell	20:38
115	Kevin Limjoco	24:22
122	Kevin Byas	25:07
2011		
18	Logan Kent	18:02
2012		
14	Michael Viano	17:42
64	Christian Giannini	19:36

2013		
1	Noa Nabeshima	17:23
11	Robert Viano	18:15
27	Trevor Oliviera-Smith	19:09
33	Connor Hayes	19:18
2015		
10	Dylan Gregory	18:09
2016		
19	Graham Manning (2M)	11:23
2017		
4	Carson Edwards	17:28

Top 10 B Soph Times

1	Mark Blattler	16:36	2007
2	Harrison Hollidge	16:52	2009
3	Carl Swanson	16:56	2004
4	Eric Roberts	17:10	1999
5	Noa Nabeshima	17:23	2013
6	Carson Edwards	17:28	2017
7	Michael Viano	17:42	2012
8	Jesse Aston	17:49	2007
8	Caleb Leisure	17:49	1997
10	John Riehlman	17:55	2004

Boys' JV

1989		
62	Dave Loza	21:12
72	Clint Baggerly	21:47
1992		
55	Roger Aiello	20:50
110	Chris Heinen	22:53
1993		
50	Matt Lundberg	21:39
63	Roger Aiello	22:16
130	Alex Cordero	28:36
1995		
73	David Le Gar	23:54
76	Justin Landon	24:02
88	Greg Ferguson	27:56
1996		
34	Alex James	19:40
38	Scott Fukumoto	19:51
54	Justin Landon	20:21
131	Garrett Henderson	25:59
1998		
41	Joe Cruz	21:25
45	Randy Fukumoto	21:35
70	Nathan Hermans	22:53
2001	5th	102:29
6	Randy Johnson	18:51
8	Jerwin Woolridge	18:58
23	Tim Oldenkamp	19:52
63	Allen Shaw	22:38
64	Aaron West	22:40
67	Sam Jackson	23:14
2004		
62	Eddie Roth	19:53
2005	15th	103:00
44	Eddie Roth	19:41
56	Jordan Runyan	19:59
110	Tyler Johnson	21:02
113	Stephen Searles	21:05
118	Jian Amini	21:13
2006		
123	Nick Johanson	n.t.
2007		
194	Nick Johanson	27:02
2008		
37	Jake Patterson	20:08
40	Zac March	20:12

102	Tony Avila	22:24
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Top 10 BJV Times

1	Randy Johnson	18:51	2001
2	Jerwin Woolridge	18:58	2001
3	Alex James	19:40	1996
4	Eddie Roth	19:41	2005
5	Scott Fukumoto	19:51	1996
6	Tim Oldenkamp	19:52	2001
7	Jordan Runyan	19:59	2005
8	Jake Patterson	20:08	2008
9	Zac March	20:12	2008
10	Justin Landon	20:21	1996

Boys' Varsity

1987		
15	Scott Lepak	17:40
23	Vince Hudson	17:45
1988	2nd	89:41
5	Ben Williams	17:36
10	Rich Duchene	18:06
16	Bill Schrambling	18:14
20	Rene Alvarado	18:29
37	Vince Hudson	19:15
52	Mike Thomas	19:54
1989	7th	96:12
3	Ben Williams	16:53
32	Ed Broyles	18:52
42	Mike Thomas	19:14
55	Sean Winters	19:48
68	Matt Kiyoi	21:28
69	Mike Zichichi	21:30
1991		
?	Dave Flynn	17:44
1992	?	95:07
18	Hyrum Ernstrom	17:41
30	Toney Kauke	18:05
75	Pardip Suti	19:16
81	Jonathan Chan	19:23
120	Chad Edwards	20:42
1993	2nd	94:01
4	Tony Kauke	17:24
11	Gusty Maat	17:48
33	Jerrad Jensen	19:14
48	Hyrum Ernstrom	19:54
51	Alec Clausen	19:50
76	Mark Stanley	20:32
?	Steve Broyles	?
1994	2nd	90:03
4	Gusty Matt	16:49
12	Rick Riley	17:26
13	Leroy Fischer	17:29
27	Jerrad Jensen	18:23
?	Matt Lunberg	19:56
?	Brian Martin	19:58
?	Anthony Chavez	?
1995	?	94:54
?	Aaron Gardiner	17:52
?	Rick Riley	18:11
?	Jerrad Jensen	?
?	Brian Martin	?
?	Bryan Godwin	?
?	Daniel Sabatini	23:32
?	Brian Ching	25:34
1996		
7	Rick Riley	16:57
1997		
27	Scott Fukumoto	18:21
29	Bob Lawrence	18:22
55	Sean Chambers	18:59
57	Daniel Sabatini	19:01

1998	7th	96:21
19	Caleb Leisure	18:18
33	Sean Chambers	19:02
36	Daniel Sabatini	19:07
63	Rob Lawrence	19:45
79	Mitch Hodgson	20:08
1999	14th	99:01
27	Caleb Leisure	18:36
30	Mitch Hodgson	18:44
89	Eric Webster	19:59
91	Jeff Drew	20:02
151	Charlie Curtis	22:00
2001	9th	88:44
6	Eric Roberts	15:55
53	Brian Kearny	17:57
59	Paul Holland	18:14
60	Luke Hodgson	18:16
62	Zach Hughes	18:22
66	Chris Calasahan	18:36
68	Brian Hanson	18:51
2002	18th	92:31
54	Hodgson, Luke	17:50
73	Holland, Paul	18:12
79	Johnson, Randy	18:16
111	Schawel, Adam	18:57
125	Kearney, Brian	19:16
134	Oldenkamp, Tim	19:40
2004		
1	LoForte, Matt	15:49
94	Veasey, Robert	19:02
2005	10th	89:29
7	Carl Swanson	16:30
12	Matt LoForte	16:48
82	John Riehlman	18:15
84	Rob Wills	18:16
146	Robert Veasey	19:40
152	Wesley Dayton	19:55
2006	21st	96:11
3	Carl Swanson	16:29
62	Rob Wills	18:13
121	John Riehlman	19:19
151	Wesley Dayton	20:17
172	Jian Amini	21:53
177	Stephen Searles	22:35
2007		
28	Ryan Gallardo	17:49
87	Aaron Ford	19:10
2008	14th	91:42
17	Jesse Aston	17:13
67	Aaron Ford	18:14
81	Andrew Lejano	18:32
88	Mike Railton	18:44
102	Mark Blattler	18:59
2009		
24	Mike Railton	17:30
88	Jake Patterson	19:43
2010		
3	Evan Quigley	15:57
16	Mike Railton	16:45
30	Harrison Hollidge	17:12
76	Connor Bell	18:13
2011	11th	92:31
9	Evan Quigley	16:15
43	Joel Timbrell	17:24
50	Conner Bell	17:34
104	Connor Francis	19:15
142	Emmett Francis	22:03
2012		
10	Joel Timbrell	16:49
48	Logan Kent	17:58
2013		
11	Michael Viano	16:53

71	Christian Giannini	18:59
130	Samuel Francis	23:06
2014		
10	Michael Viano	16:52
47	Aaron Brinkman	18:17
93	Sean Walker	20:15
2015		
18	Noa Nabeshima	17:24
31	Connor Hayes	17:51
35	Robert Viano	18:04
57	Luis Garcia	18:57
2016		
17	Conner Hayes	18:10
42	Robert Viano	19:12
53	Dylan Gregory	19:23
2017		
109	Dylan Gregory	18:46
134	Graham Manning	19:33
149	Jason Morgan	20:15
2018		
11	Carson Edwards	16:57
68	Graham Manning	19:04
93	Delano Roderick	19:51
125	Ryan McCauley	22:03

Top 10 BV Times

1	Matt LoForte	15:49	2004
2	Eric Roberts	15:55	2001
3	Evan Quigley	15:57	2010
4	Carl Swanson	16:29	2006
5	Mike Railton	16:45	2010
6	Joel Timbrell	16:49	2012
6	Gusty Matt	16:49	1994
8	Michael Viano	16:52	2014
9	Ben Williams	16:53	1989
10	Rick Riley	16:57	1996
10	Carson Edwards	16:57	2018

G Frosh

1994		
7	Sky Gliatto	22:35
1996	9th	128:04
1	Amy Loper-Riley	20:17
60	Heather Stephens	25:28
81	Poonam Walia	26:48
87	Margot Mikeleonis	26:59
105	Rachel Walker	28:33
1997		
61	Stephanie Kendall	28:01
74	Evelyn Kearny	29:08
1998		
67	Whitney Shoemaker	28:50
1999		
27	Samantha Jones	24:16
40	Kellie Stephens	25:08
108	Desiree Stoddell	32:29
2001		
10	Shannon Manuel	22:33
41	Alyssa Andrews	24:31
58	Ashley Borman	25:24
2004		
157	Kellie Baumgartner	29:27
2005		
54	Tisha Nichols	25:01
2006		
84	Carolyn Herbert	29:04
2007		
23	Jewelz Andrews	23:29
118	Sammy Parker	27:47
2008		
44	Holly Vienna	26:10

2010		
88	Ariana Jorgensen	25:27
2011		
2	Helene Hollidge	20:05
2013		
47	Erica Cardinale	24:11
2015		
6	Nicole Tria	21:44
2018		
50	Skye McKinsey	25:34
52	Pearla Lopez-Cardinale	25:43

Top 10 G Frosh Times

1	Helene Hollidge	20:05	2011
2	Amy Loper-Riley	20:17	1996
3	Nicole Tria	21:44	2015
4	Shannon Manuel	22:33	2001
5	Sky Gliatto	22:35	1994
6	Jewelz Andrews	23:29	2007
7	Erica Cardinale	24:11	2013
8	Samantha Jones	24:16	1999
9	Alyssa Andrews	24:31	2001
10	Tisha Nichols	25:01	2005

G Soph

1987		
7	Kristen Griffen	22:11
1989		
34	Sarah Moore	24:14
51	Heather Chorley	25:48
53	Thiley Lama	25:58
59	Amanda Volker	26:32
1991		
21	Sheanne Saused	25:55
60	Nicole Gemma	29:42
1992	4th	136:43
4	Michele Carter	22:31
13	Carla Webster	23:44
48	Nikki Gemma	26:11
53	Kedie Scales	27:01
60	Anna Splitter	37:16
1993		
18	Anna Raymond	26:56
1995		
3	Sky Gliatto	21:54
90	Jenny Hughes	29:24
94	Kelly Minor	30:00
1996		
3	Laura Johnson	22:02
1997		
1	Amy Loper-Riley	19:57
20	Heather Stephens	23:21
1998		
43	Stephanie Kendall	26:24
1999		
46	Whitney Shoemaker	25:50
2002		
9	Maria Zamora	22:03
12	Borman, Ashley	22:36
17	Andrews, Alyssa	23:15
2004	5th	117:15
13	Elizabeth Gorrell	22:09
18	Patricia Morales	22:27
22	Sophia Shavely	22:47
37	Julia Baaten	23:22
105	Adriana Conti	26:30
122	Kaylie Osmunson	27:00
123	Annie Leary	27:03
129	Janae Valerga	27:42
2005		

21	Nicole Sylvia	22:24
39	Hayley Swanson	23:41
78	Carrie Jones	25:32
147	Kellie Baumgartner	29:51
2006		
19	Meredith Salazar	23:12
25	Tisha Nichols	23:36
59	Jordan Wight	25:19
157	Kathryn Bumala	n.t.
2007		
33	Michaela Nilson	24:18
2008		
6	Savannah Wadsworth	22:50
27	Peyton Herbert	24:56
2009		
23	Lauren Suniga	24:08
65	Meagan Yoeono	27:16
2010		
28	Danielle Osborne	22:18
95	Francesca Marietti	25:49
128	Tricia Hakenewerth	28:16
2013	9th	129:07
29	Kate Rogers	23:39
32	Catherine Stites	23:50
43	Melissa Guevara	24:46
83	Emmali Todd	27:49
98	Kiersten Soza	29:03
2016		
8	Nicole Tria (2M)	12:30

Top 10 G Soph Times

1	Tanya Rosengren	20:03	2002
2	Sky Gliatto	21:54	1995
3	Laura Johnson	22:02	1996
4	Maria Zamora	22:03	2002
5	Elizabeth Gorrell	22:09	2004
6	Kristen Griffen	22:11	1987
7	Danielle Osborne	22:18	2010
8	Nicole Sylvia	22:24	2005
9	Patricia Morales	22:27	2004
10	Michele Carter	22:31	1992

GJV

1992		
39	Beth Rudiger	26:54
1993		
41	Beth Rudiger	28:51
1999		
25	Stephanie Kendall	25:33
2001	10th	125:15
15	Sarah West	24:24
99	Katie Hermans	27:16
100	Alyssa Miller	27:17
101	Megan Keith	27:18
165	Ericka Nelson	30:00
2005	16th	139:05
104	Janae Valerga	27:19
115	Kathryn Wallace	27:50
117	S. El Mossalamy	27:54
118	Courtney McBride	27:55
121	Annie Leary	28:07
123	Kaylie Osmunson	28:28
2006		
130	S. El Mossalamy	n.t.
2007		
89	Kellie Baumgartner	29:35
121	Kathryn Bumala	34:04

Top 10 GJV Times

1	Sarah West	24:24	2001
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2	Stephanie Kendall	25:33	1999
3	Beth Rudiger	26:54	1992
4	Katie Hermans	27:16	2001
5	Alyssa Miller	27:17	2001
6	Megan Keith	27:18	2001
7	Janae Valerga	27:19	2005
8	Kathryn Wallace	27:50	2005
9	S. El Mossalamy	27:54	2005
10	Courtney McBride	27:55	2005

105	Allison Cox	24:21
2001	1st	107:24
3	Tanya Rosengren	20:03
11	Beth Mork	21:15
17	Kellie Stephens	21:52
21	Samantha Jones	22:04
23	Lindsay Lightsey	22:06
39	Whitney Shoemaker	23:01
2002	2nd	101:36
3	Samantha Jones	19:27
13	Kellie Stephens	20:18
16	Tanya Rosengren	20:24
19	Shannon Manuel	20:37
24	Lindsay Lightsey	20:50
69	Stacy Klotovitch	22:29

2004	8	Shannon Manuel	21:10
	52	Nora Pallotta	23:33
	62	Alyssa Andrews	23:56
2005	12th		115:43
	12	Lissa Zamolo	20:56
	55	Elizabeth Gorrell	22:43
	66	Patty Morales	23:12
	89	Nora Pallotta	24:17
	97	Rachel Aston	24:45

2006	128	Sophia Snavely	24:52
	136	Elizabeth Gorrell	25:27
	156	Annie Leary	n.t.
	157	Kaylie Osmunson	n.t.

2007	79	Tisha Nichols	23:33
	120	Christina Eck	25:51
	121	Jordan Wright	25:54
2008	3rd		108:59
	3	Sammy Parker	20:19
	8	Christian Sweeney	20:28
	11	Michaela Nilson	21:03
	50	Kiana Fukumoto	23:20
	60	Jordan Wright	23:49
	98	Carolyn Herbert	26:22

2009	14	Michaela Nilson	21:32
	21	Jewelz Andrews	22:17
	40	Savannah Wadsworth	23:17
2010	3	Jewelz Andrews	19:13
2011	15th		120:33
	73	Danielle Osborne	22:53
	80	Gina Wood	23:02
	105	Francesca Marietti	24:49
	107	Ariana Jorgensen	24:53
	108	Kay Bromley	24:53
	126	Crystal Dinh	28:48
	128	Tricia Hakenewerth	30:55

2012	11		120:56
	37	Danielle Osborne	22:23
	49	Crystal Dinh	23:06
	62	Francesca Marietti	23:56
	84	Kay Bromley	25:21
	89	Elicia Guerra	26:10
2013	2	Allie Timbrell	18:17
	106	Elicia Guerra	24:41

2015	66	Erica Cardinale	23:39
	87	Catherine Stites	24:50
	102	Melissa Guevera	27:10
	107	Kate Rogers	27:51
2016	17	Erica Cardinale	21:49

2017			
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2	Marissa D'Atri	19:14
9	Nicole Tria	20:29
2018		
2	Nicole Tria	19:31

115:43	2005
120:33	2011
120:56	2012
121:54	1996
122:02	1988
123:09	1991

Top 10 GV Times

1	Allie Timbrell	18:17	2013
2	Amy Loper-Riley	18:36	1998
3	Jewelz Andrews	19:13	2010
4	Marissa D'Atri	19:14	2017
5	Samantha Jones	19:27	2002
6	Nicole Tria	19:31	2018
7	Kellie Stephens	20:18	2002
8	Sammy Parker	20:19	2008
9	Tanya Rosengren	20:24	2002
10	Christian Sweeney	20:28	2008

Top Team Times

B Frosh

99:24 2018

B Soph

93:51	2004
101:01	2009
110:39	1991
106:48	1996

BJV

102:29	2001
103:00	2005

BV

88:44	2001
89:29	2005
89:41	1988
90:03	1994
91:42	2008
92:31	2002
92:31	2011
94:01	1993
94:54	1995
95:07	1992
96:11	2006
96:12	1989
96:21	1998
99:01	1999

G Frosh

128:04 1996

G Soph

117:15	2004
129:07	2013

GJV

125:15	2001
139:05	2005

GV

101:36	2002
107:02	1999
107:24	2001
108:59	2008
111:43	1998
113:58	1989

GV

1986	Jenny Lawrence	22:59
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1987	13	Stacey Brunton	20:33
	15	Janelle Corbyn	20:43
	?	Karna Johnson	23:55
	?	Sarah Moore	24:14
1988	4th		122:02

	7	Jenny Lawrence	22:47
	18	Jenna Howard	23:55
	20	Shoni Brunton	24:14
	31	Karna Johnson	24:59
	42	Aimee Cotton	26:07
	46	Janet Grimes	26:45

1989	2nd		113:58
	5	Jenny Lawrence	21:09
	12	Karna Johnson	22:13
	15	Liz Ferrara	22:28
	16	Christa Johnson	22:37
	51	Aimee Cotton	25:31
	52	Stacey Haynes	25:32

1991	?		123:09
	16	Molly McNerry	22:37
	25	Staci Hayes	24:54
	30	Liz Ferrera	25:09
	37	Beth Haynes	25:30
	39	Stephanie ?	25:35
	42	Michele Carter	25:46
	74	Sarah ?	28:42

1992	92	Beth Haynes	23:39
1993	22	Carla Webster	22:39
1994	28	Carla Webster	22:31
1995	95	Tiffany Rawlinson	27:34
1996			121:54

	22	Sky Gliatto	21:57
	67	Sara DeLeon	24:12
	89	Kelly Minor	n.t.
1997	13	Sky Gliatto	21:38
	28	Laura Johnson	23:04
	78	Kelly Minor	26:42

1998	5th		111:43
	1	Amy Loper-Riley	18:36
	11	Jessica Neu	21:05
	33	Beth Mork	23:14
	44	Jenny O'Dell	23:48
	65	Heather Stephens	24:58
	73	Laura Johnson	25:25
	80	Kim Baer	26:06

1999	9th		107:02
	3	Jessica Neu	19:22
	29	Amy Loper-Riley	20:55
	39	Rebecca Zamolo	21:10
	45	Beth Mork	21:19
	103	Heather Stephens	24:16
	104	Kim Baer	24:20

Hayward HS NCS History

Girls' Teams

1987 (9th place, 245 pts) 1:54:09	2007 (8th place, 221 pts) 1:44:18	2015 (16th place, 367 pts) 1:49:25	64 Rob Wills 17:53
9 Janelle Corbyn 20:04	7 Jewelz Andrews 18:54	7 Marissa D'Atri 18:21.8	89 Robert Veasey 18:47
11 Stacey Brunton 20:13	24 Michaela Nilson 19:52	59 Erica Cardinale 20:47.2	99 John Riehlman 19:38
84 Kristen Griffen 21:17	27 Samantha Parker 20:00	96 Catherine Stites 22:50.6	2005 (9th place, 203 pts) 1:26:00
105 Aimee Cotton 26:03	77 Jordan Wight 21:57	103 Isa Mendoza 23:26.3	8 Matt LoForte 16:04
107 Tessa Cordova 26:32	98 Christina Eck 23:35	109 Melissa Guevara 23:58.8	11 Carl Swanson 16:09
109 Janet Grimes 26:57	102 Haley Swanson 23:49	110 Kate Rogers 24:09.0	49 Rob Wills 17:21
1999 (5th place, 123 pts) 1:44:25	113 Kelli Baumgartner 24:46	2016 incomplete	66 John Riehlman 18:00
2 Jessica Neu 19:15	2008 (8th place, 190 pts) 1:41:36	2 Marissa D'atri 17:54	78 Robert Veasey 18:26
10 Amy Loper-Riley 20:13	8 Jewelz Andrews 18:50	28 Nicole Tria 19:30	80 Will Masterman 18:33
36 Rebecca Zamolo 21:25	34 Samantha Parker 20:08	41 Erica Cardinale 20:07	93 Virgil Smith 19:29
39 Beth Mork 21:37	37 Michaela Nilson 20:12	99 Isa Mendoza 22:45	2006 (7th place, 208 pts) 1:25:54
49 Samantha Jones 21:55	52 Meagan Yoeono 20:58	2017 incomplete	11 Carl Swanson 16:10
64 Kellie Stephens 22:27	63 Christian Sweeney 21:28	2 Marissa D'Atri 18:08	41 Jesse Aston 17:12
99 Heather Stephens 23:30	65 Jordan Wight 21:32	19 Nicole Tria 19:44	46 Ryan Gallardo 17:23
2000 Ukiah	70Carolynn Herbert 21:43	2018 race cancelled poor air quality	54 Rob Wills 17:33
2001 (4th place, 144 pts) 1:42:36	2009 (9th place, 246 pts) 1:43:13	56 Mark Blattler 17:36	83 Will Masterman 18:22
9 Tanya Rosengren 19:10	28 Jewelz Andrews 19:38	96 John Riehlman 19:02	2007 (13th place, 343 pts) 1:28:36
28 Samantha Jones 20:25	35 Lauren Suniga 19:48	5 Mark Blattler 15:37	6 Mark Blattler 15:37
33 Kellie Stephens 20:40	37 Michaela Nilson 19:49	31 Ryan Gallardo 16:34	31 Ryan Gallardo 16:34
41 Beth Mork 20:56	60 S. Wadsworth 21:03	91 Aaron Ford 18:21	91 Aaron Ford 18:21
48 Lindsay Lightsey 21:25	89 Ana Mendoza 22:55	103 Jesse Aston 18:43	103 Jesse Aston 18:43
63 Shannon Manuel 22:02	100 Divine Adesida 23:59	115 Mike Railton 19:21	115 Mike Railton 19:21
78 Whitney Shoemaker 22:39	101 Meagan Yoeono 24:00	130 Derek Lopez 21:11	2008 (12th place, 284 pts) 1:24:38
2002 (4th place, 132 pts) 1:40:29	2010 (15th place, 375 pts) 1:47:20	25 Mark Blattler 16:05	25 Mark Blattler 16:05
5 Samantha Jones 18:57	5 Jewelz Andrews 18:39	46 Evan Quigley 16:42	46 Evan Quigley 16:42
23 Tanya Rosengren 19:59	84 Lauren Suniga 21:52	52 Aaron Ford 16:55	52 Aaron Ford 16:55
33 Lindsay Lightsey 20:24	93 Ana Mendoza 22:04	74 Jesse Aston 17:19	74 Jesse Aston 17:19
34 Shannon Manuel 20:31	95 Anna Taylor 22:07	88 Mike Railton 17:37	88 Mike Railton 17:37
37 Maria Zamora 20:38	102 Danielle Osborne 22:38	94 Andrew Lejano 17:49	94 Andrew Lejano 17:49
52 Kellie Stephens 21:03	118 Gina Wood 23:34	118 Zac March 18:39	118 Zac March 18:39
68 Ashley Borman 21:43	2011 (12th place, 281 pts) 1:42:02	2009 (6th place, 169 pts) 1:21:36	5 Jesse Aston 15:38
2003 Ukiah	40 Helene Hollidge 19:45	5 Mike Railton 16:12	5 Mike Railton 16:12
2004 (13th place, 326 pts) 1:48:57	48 Allie Timbrell 20:05	37 Mark Blattler 16:24	37 Mark Blattler 16:24
57 Shannon Manuel 21:30	59 Anna Taylor 20:30	49 Evan Quigley 16:40	49 Evan Quigley 16:40
59 Elizabeth Gorrell 21:31	62 Cailan Ferrel 20:33	53 Harrison Hollidge 16:42	53 Harrison Hollidge 16:42
64 Jennifer Winters 21:41	74 Gina Wood 21:09	66 Zac March 17:02	66 Zac March 17:02
68 Patty Morales 21:48	76 Danielle Osborne 21:17	90 Andrew Lejano 17:34	90 Andrew Lejano 17:34
80 Nora Pallotta 22:27	98 Crystal Dinh 22:16	2010 (13th place, 356 pts) 1:27:18	15 Evan Quigley 16:01
82 Sophia Snavely 22:44	2012 (14th place, 392 pts) 1:55:49	62 Mike Railton 17:08	62 Mike Railton 17:08
2005 (12th place, 299 pts) 1:49:21	57 Danielle Osborne 21:35	77 Joel Timbrell 17:25	77 Joel Timbrell 17:25
39 Lissa Zamolo 20:30	74 Anna Taylor 22:36	79 Harrison Hollidge 17:29	79 Harrison Hollidge 17:29
60 Nicole Sylvia 21:47	80 Crystal Dinh 22:43	123 Conner Bell 19:15	123 Conner Bell 19:15
65 Elizabeth Gorrell 21:56	94 Francesca Marietti 23:58	131 Connor Francis 19:33	131 Connor Francis 19:33
73 Haley Swanson 22:23	104 Elicia Guerra 24:57	133 Mitchell Maisel 19:41	133 Mitchell Maisel 19:41
77 Sophia Snavely 22:45	108 Ariana Jorgensen 26:08	2011 (12th place, 333 pts) 1:25:25	43 Evan Quigley 16:31
78 Jordan Wight 22:50	2013 incomplete	47 Joel Timbrell 16:39	47 Joel Timbrell 16:39
81 Nora Pallotta 23:05	6 Allie Timbrell 18:11	70 Luis Haefke 17:10	70 Luis Haefke 17:10
2006 (13th place, 325 pts) 1:50:08	88 Olivia Mendoza 23:20	84 Logan Kent 17:28	84 Logan Kent 17:28
49 Meredith Salazaar 21:01	103 Elicia Guerrara 25:32	89 Michael Viano 17:37	89 Michael Viano 17:37
52 Michaela Nilson 21:02	2014 (12th place, 299 pts) 1:52:15	95 Conner Bell 17:56	95 Conner Bell 17:56
76 Jordan Wight 22:06	8 Allie Timbrell 18:45	112 Connor Francis 18:32	112 Connor Francis 18:32
82 Nicole Sylvia 22:25	56 Erica Cardinale 21:43	2004 (10th place, 251 pts) 1:27:18	34 Matt LoForte 16:55
92Carolynn Herbert 23:34	77 Olivia Mendoza 23:41	36 Carl Swanson 16:55	36 Carl Swanson 16:55
95 Haley Swanson 23:48	80 Melissa Guevara 23:58	58 James Blattler 17:44	58 James Blattler 17:44
97 Annie Leary 24:05	84 Kate Rogers 24:08	62 Wesley Dayton 17:51	62 Wesley Dayton 17:51
	88 Catherine Stites 24:30		
	107 Kiersten Soza 29:33		

Boys' Teams

1987 (8th place, 219 pts) 1:26:46	2007 (13th place, 343 pts) 1:28:36
24. Scott Lepak 16:47	6 Mark Blattler 15:37
36. Bill Schrambling 17:01	31 Ryan Gallardo 16:34
60. Vince Hudson 17:29	91 Aaron Ford 18:21
61. Ben Williams 17:29	103 Jesse Aston 18:43
85 Tim Aiello 18:00	115 Mike Railton 19:21
112. Ian Vojvoda 18:52	130 Derek Lopez 21:11
124 Scott Daniels 19:21	2008 (12th place, 284 pts) 1:24:38
1999 (14th place, 390 pts) 1:35:11	25 Mark Blattler 16:05
9 Eric Roberts 16:58	46 Evan Quigley 16:42
58 Caleb Leisure 18:30	52 Aaron Ford 16:55
106 Peter Holland 19:45	74 Jesse Aston 17:19
114 Brian Hanson 19:56	88 Mike Railton 17:37
116 Eric Webster 20:02	94 Andrew Lejano 17:49
125 Mitch Hodgson 20:14	118 Zac March 18:39
134 Matt Nunes 20:30	2009 (6th place, 169 pts) 1:21:36
2000 Ukiah	5 Jesse Aston 15:38
2001 (10th place, 244 pts) 1:26:41	25 Mike Railton 16:12
5 Eric Roberts 15:56	37 Mark Blattler 16:24
53 Luke Hodgson 17:31	49 Evan Quigley 16:40
59 Brian Kearney 17:37	53 Harrison Hollidge 16:42
66 Paul Holland 17:45	66 Zac March 17:02
73 Zack Hughes 17:52	90 Andrew Lejano 17:34
78 Chris Calasahan 17:54	2010 (13th place, 356 pts) 1:27:18
94 Brian Hanson 18:21	15 Evan Quigley 16:01
2002 (15th place, 399 pts) 1:31:13	62 Mike Railton 17:08
68 Luke Hodgson 17:47	77 Joel Timbrell 17:25
71 Matt LoForte 17:52	79 Harrison Hollidge 17:29
81 Paul Holland 18:14	123 Conner Bell 19:15
90 Adam Schawel 18:23	131 Connor Francis 19:33
102 Brian Kearney 18:57	133 Mitchell Maisel 19:41
109 Tim Oldenkamp 19:29	2011 (12th place, 333 pts) 1:25:25
116 Randy Johnson 20:05	43 Evan Quigley 16:31
2003 Ukiah	47 Joel Timbrell 16:39
2004 (10th place, 251 pts) 1:27:18	70 Luis Haefke 17:10
34 Matt LoForte 16:55	84 Logan Kent 17:28
36 Carl Swanson 16:55	89 Michael Viano 17:37
58 James Blattler 17:44	95 Conner Bell 17:56
62 Wesley Dayton 17:51	112 Connor Francis 18:32

2012 (11th place, 321 pts) 1:31:32
41 Joel Timbrell 17:23
46 Michael Viano 17:35
65 Logan Kent 18:20
79 Christian Giannini 18:50
93 Connor Francis 19:24
100 Kevin Kylo 19:50
120 Emmet Francis 20:54

2013 (17th place, 434 pts) 1:32:32
49 Michael Viano 17:03
74 Peter Beck 17:57
91 Calvin Roth 18:32
106 Christian Giannini 18:57
127 Sean Walker 20:03
139 Sam Francis 21:25

2014 (7th place, 242 pts) 1:28:45
13 Michael Viano 16:25
40 Noa Nabeshima 17:28
51 Robert Viano 17:51
56 Connor Hayes 18:00
87 Sean Walker 19:01

2015 (11th place, 311 pts) 1:26:56
46 Connor Hayes 16:57.5
60 Noa Nabeshima 17:19.2
63 Robert Viano 17:24.9
67 Dylan Gregory 17:31.9
75 Trevor Oliveira 17:42.3
89 Luis Garcia 18:12.1

2016 (10th place, 292 pts) 1:25:37
35 Connor Hayes 16:41.0
47 Trevor Oliveira 17:00.0
54 Robert Viano 17:06.6
71 Carson Edwards 17:15.6
85 Noa Nabeshima 17:33.3
95 Graham Manning 17:56.2
100 Gabe Winslow 18:08.6

2017 (15th place, 400 pts) 1:31:16
34 Carson Edwards 17:05.5
55 Alan Kobylak 17:23.3
75 Dylan Gregory 18:00.6
110 Graham Manning 18:54.4
137 Jason Morgan 19:51.8

2018 race cancelled poor air
quality

CIF State Records

Boys

1987	no entry		
1988	no entry		
1989	no entry		
1990	no entry		
1991	no entry		
1992	no entry		
1993	no entry		
1994	no entry		
1995	no entry		
1996	no entry		
1997	no entry		
1998	no entry		
1999	D-IV		
	58.	10 Eric Roberts	17:02
2000	D-IV		
	28.	11 Eric Roberts	16:23
2001	D-IV		
	11.	12 Eric Roberts	16:24
2002	no entry		
2003	no entry		
2004	no entry		
2005	D-III		
	76.	11 Carl Swanson	16:49
	105.	12 Matt LoForte	17:13
2006	no entry		
2007	D-III		
	92.	10 Mark Blattler	17:03
2008	no entry		
2009	D-III		
	64.	12 Jesse Aston	16:26
2010	no entry		
2011	no entry		
2012	no entry		
2013	no entry		
2014	D-III		
	164.	12 Michael Viano	17:35
2015	no entry		
2016	no entry		
2017	no entry		

Top 10 Boys:

1	11	Eric Roberts	16:23	2000
2	12	Jesse Aston	16:26	2009
3	11	Carl Swanson	16:49	2005
4	10	Mark Blattler	17:03	2007
5	12	Matt LoForte	17:13	2005
6	12	Michael Viano	17:35	2014
7				
8				
9				
10				

Girls:

1987	no entry		
1988	no entry		
1989	no entry		
1990	D-IV	14th of 16 (329 pts)	111:39
	83.	Jenny Lawrence	22:05
	86.	Molly McNerney	22:13
	93.	Kristina Free	22:26
	97.	Stacey Haynes	22:37
	98.	Karna Johnson	22:38
	106.	Liz Ferrara	22:51
	130.	Christa Johnson	24:09
1991	no entry		
1992	no entry		
1993	no entry		
1994	no entry		
1995	no entry		
1996	D-I		
	70.	9 Amy Loper-Riley	20:13
1997	D-I		
	55.	10 Amy Loper-Riley	19:38
1998	D-IV		
	3.	11 Amy Loper-Riley	18:57
	10.	11 Jessica Neu	19:21
1999	D-IV		
	11.	12 Jessica Neu	19:08
2000	no entry		
2001	D-IV	12th of 17 (293 pts.)	107:10
	61.	10 Tanya Rosengren	20:49
	66.	11 Samantha Jones	20:56
	86.	10 Lindsay Lightsey	21:35
	87.	11 Kellie Stephens	21:35
	114.	9 Shannon Manuel	22:15
	128.	12 Whitney Shoemaker	23:42
2002	D-III	22nd of 23 (492 points)	105:01
	52.	12 Samantha Jones	19:45
	137.	10 Shannon Manuel	21:10
	138.	11 Lindsay Lightsey	21:11
	140.	10 Maria Zamora	21:13
	159.	11 Tanya Rosengren	21:42
	161.	12 Kellie Stephens	21:43
	187.	10 Ashley Borman	23:20
2003	no entry		
2004	no entry		
2005	no entry		
2006	no entry		
2007	D-III		
	30.	9 Jewelz Andrews	19:17
2008	D-III		
	45.	10 Jewelz Andrews	19:23
2009	no entry		
2010	D-III		
	38.	12 Jewelz Andrews	19:01
2011	no entry		
2012	no entry		
2013	D-III		
	26.	11 Allie Timbrell	18:56
2014	D-III		
	14.	12 Allie Timbrell	18:30
2015	D-III		
	47.	10 Marissa D'Atri	18:55
2016	D-IV		
	11.	11 Marissa D'Atri	18:35
2017	D-IV		
	11.	12 Marissa D'Atri	18:42
2018	D-IV		
	48.	12 Nicole Tria	19:32

Top 10 Girls:

1	12	Allie Timbrell	18:30	2014
2	11	Marissa D'Atri	18:35	2016
3	11	Amy Loper-Riley	18:57	1998
4	12	Jewelz Andrews	19:01	2010
5	12	Jessica Neu	19:08	1999
6	12	Nicole Tria	19:32	2018
7	12	Samantha Jones	19:45	2002
8	10	Tanya Rosengren	20:49	2001
9	10	Shannon Manuel	21:10	2002
10	11	Lindsay Lightsey	21:11	2002

Stanford / Viking / Newhall Park / Shadow Cliffs

Stanford Boys 5k Record:	Evan Quigley – 15:53 – 2011
Stanford Girls 5k Record:	Amy Loper-Riley – 18:48 – 1998
Viking Opener Boys 2 mile Record:	Carson Edwards – 10:52 – 2018
Viking Opener Girls 2 mile Record:	Nicole Tria – 12:56 – 2018
Newhall Park Boys 3 mile Record:	Carson Edwards – 15:53 – 2018
Newhall Park Girls 3 mile Record:	Amy Loper-Riley – 18:11 – 1998
Newhall Park Boys 2 mile Record:	Nolin Searls – 11:27 – 2018
Newhall Park Girls 2 mile Record:	Skye McKinsey – 14:45 – 2018
Shadow Cliffs Boys 3 mile Record:	Mark Blattler – 15:31 – 2007
Shadow Cliffs Girls 3 mile Record:	Allie Timbrell – 17:58 – 2013
Shadow Cliffs Boys 2 mile Record:	Joel Timbrell – 10:51 – 2010
Shadow Cliffs Girls 2 mile Record:	Marissa D'Atri – 11:56 – 2014

GIRLS ALH Cross Country History

1975 no records
 1976 no records
 1977 no records

Note: After an absence, the NorCal Championship race was re-established. All California sections above Bakersfield sent teams.

	League	Site	Sub-Section	Site	NCS	Site	NorCal	Site
1978	no records							
1979	no records							
1980	no records							
1981	no records							
1982	no records		3rd 2A	Heather Farms	3rd MOC	Coyote Hills	7th	Rocklin College
1983	no records		4th 2A South	Hayward HS	9th MOC	Shadow Cliffs		
1984	2nd FAL	Hidden Valley	2nd 2A South	Lafayette Res	5th MOC	Lafayette Res		
1985	5th FAL	Hidden Valley						
1986	5th DFAL	Contra Loma						

In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.

	League	Site	Sub-Section	Site	NCS	Site	State	Site
1987	4th FAL	Lafayette Res			9th 2A	Hayward HS		
1988	4th DFAL-Valley	Hidden Valley				Sonoma State		
1989	7th DFAL	Miramonte HS						
1990	1st DFAL	Newhall Park			2nd D4	Garin Park	14th D4	Woodward Park

Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.

1991	6th DFAL	Newhall Park	3rd D4	Garin Park	7th D4	Hayward HS		
1992	6th DFAL	Newhall Park	4th D4	Garin Park	9th D4	Mills College		
1993	4th MBAL	Newhall Park	5th D4	Garin Park	15th D4	Mills College		
1994	inc MBAL	Newhall Park	17th D3	CSU Hayward				

Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.

1995	3rd MBAL	Newhall Park			9th D1	Newhall Park		
1996	5th TCAL	Newhall Park			7th D1	Newhall Park		
1997	3rd TCAL	Newhall Park			8th D1	Ukiah		
1998	4th TCAL	Newhall Park			7th D4	Newhall Park		
1999	3rd TCAL	Hidden Valley			5th D4	Hayward HS		
2000	3rd DFAL	Hidden Valley			7th D4	Ukiah		
2001	no records				4th D4	Hayward HS	12th D4	Woodward Park
2002	6th DFAL	Hidden Valley			4th D3	Hayward HS	22nd D3	Woodward Park
2003	7th DFAL	Shadow Cliffs			9th D3	Ukiah		
2004	7th DFAL	Hidden Valley			13th D3	Hayward HS		
2005	8th DFAL	Newhall Park			12th D3	Hayward HS		
2006	8th DFAL	Hidden Valley			13th D3	Hayward HS		
2007	6th DFAL	Shadow Cliffs			8th D3	Hayward HS		
2008	2nd DFAL	Hidden Valley			8th D3	Hayward HS		
2009	7th DFAL	Hidden Valley			9th D3	Hayward HS		
2010	6th DFAL	Hidden Valley			15th D3	Hayward HS		
2011	6th DFAL	Hidden Valley			12th D3	Hayward HS		
2012	6th DFAL	Hidden Valley			14th D3	Hayward HS		
2013	inc DFAL	Shadow Cliffs			inc D3	Hayward HS		
2014	7th DFAL	Hidden Valley			12th D3	Hayward HS		
2015	7th DFAL	Hidden Valley			16th D3	Hayward HS		
2016	3rd DAL-Valley	Hidden Valley			inc D4	Hayward HS		
2017	inc DAL	Hidden Valley			inc D4	Hayward HS		
2018	inc DAL	Hidden Valley			race cancelled	Hayward HS		
2019	2nd DAL-Valley	Hidden Valley			12th D4	Hayward HS		

BOYS ALH Cross Country History

	League	Site	Sub-Section	Site	NorCal qualifier	Site	NorCal	Site
1960	no records				2nd Group 2	Stanford	8th	Stanford
1961	no records				6th Group 2	Stanford		
1962	no records							
1963	no records							
1964	no records							

Note: Central Coast Section - - South San Francisco to Hollister- - - split off from NCS and became the CCS.

1965	no records							
1966	no records				7th D2	Acalanes		
1967	no records				10th D2	Pleasant Hill HS		
1968	no records				6th D2	Orinda		
1969	no records				9th D2	Pleasant Hill HS		
1970	no records							
1971	no records							
1972	no records							
1973	no records							
1974	no records							
1975	no records							
1976	no records							
1977	no records							

Note: After an absence, the NorCal Championship race was re-established. All California sections above Bakersfield sent teams.

	League	Site	Sub-Section	Site	NCS	Site	NorCal	Site
1978	no records							
1979	no records							
1980	no records							
1981	no records							
1982	no records							
1983	no records							
1984	inc FAL	Hidden Valley						
1985	inc FAL	Hidden Valley						
1986	5th DFAL	Contra Loma						

In 1987 the State CIF established a state-wide championships. Teams qualified directly from their respective divisions.

	League	Site	Sub-Section	Site	NCS	Site	State	Site
1987	3rd FAL	Lafayette Res			8th 2A	Hayward HS		
1988	1st DFAL-Valley	Hidden Valley			10th 2A	Sonoma State		
1989	7th DFAL	Miramonte HS						
1990	8th DFAL	Newhall Park			10th D4	Garin Park		

Note: Due to race course limitations, sub-divisional races were established to pare down field size in some divisions.

1991	2nd DFAL	Newhall Park	5th D4	Garin Park	9th D4	Hayward HS		
1992	8th DFAL	Newhall Park	5th D4	Garin Park	13th D4	Mills College		
1993	2nd MBAL	Newhall Park	3rd D4	Garin Park	5th D4	Mills College		
1994	5th MBAL	Newhall Park	13th D4	CSU Hayward				

Note: The NCS established a championship course requirement of sufficient size to take all teams, so sub-section races were eliminated.

1995	4th MBAL	Newhall Park			9th D1	Newhall Park		
1996	5th TCAL	Newhall Park			10th D1	Newhall Park		
1997	2nd TCAL	Newhall Park			6th D1	Ukiah		
1998	6th TCAL	Newhall Park			21st D4	Newhall Park		
1999	5th TCAL	Hidden Valley			14th D4	Hayward HS		
2000	7th DFAL	Hidden Valley			7th D4	Ukiah		

2001	no records		10th D4	Hayward HS
2002	7th DFAL	Hidden Valley	15th D3	Hayward HS
2003	6th DFAL	Shadow Cliffs	9th D3	Ukiah
2004	5th DFAL	Hidden Valley	10th D3	Hayward HS
2005	4th DFAL	Newhall Park	9th D3	Hayward HS
2006	7th DFAL	Hidden Valley	7th D3	Hayward HS
2007	6th DFAL	Shadow Cliffs	13th D3	Hayward HS
2008	5th DFAL	Hidden Valley	12th D3	Hayward HS
2009	5th DFAL	Hidden Valley	6th D3	Hayward HS
2010	5th DFAL	Hidden Valley	13th D3	Hayward HS
2011	6th DFAL	Hidden Valley	12th D3	Hayward HS
2012	7th DFAL	Hidden Valley	11th D3	Hayward HS
2013	7th DFAL	Shadow Cliffs	17th D3	Hayward HS
2014	inc DFAL	Hidden Valley	7th D3	Hayward HS
2015	7th DFAL	Hidden Valley	11th D3	Hayward HS
2016	2nd DAL-Valley	Hidden Valley	10th D4	Hayward HS
2017	inc DAL	Hidden Valley	15th D4	Hayward HS
2018	2nd DAL-Valley	Hidden Valley	race cancelled	Hayward HS
2019	1st DAL-Valley	Hidden Valley	4th D4	Hayward HS